



## **APMT Trainee Day – 06.03.10**

### **The Nordoff Robbins Music Therapy Centre**

10.15                      **Registration and coffee/tea**

10.45 to 12.15        **Group Improvisation**  
Facilitated by Claire Miller and Elly Goodridge

**Claire Miller** is CPD Lead for West London Mental Health Trust Forensic Arts Therapies, and APMT Professional Development Officer.

**Elly Goodridge** trained at Guildhall, and currently works at Central North West London NHS Trust with adults and older adults with dementia, and in the Forensic services at West London Mental Health Trust

12.15 to 1.15         **Lunch**

1.15 to 2.15         **Music therapy and VI: 'Music therapy in a School for children and young adults with visual impairment and additional disabilities'**

**Iain Spink** trained at Anglia Ruskin University, Cambridge and is currently a Music Therapist for the Kent and Medway NHS Mental Health Trust for Older Adults and at Dorton House School, Sevenoaks, (Royal London Society for the Blind). Other freelance work includes group music therapy for bereaved children and workshops for healthcare and education professionals. Iain is also the APMT Area Group Coordinator for the Kent area (South East Region)

2.30 to 3.30         **Music Therapy in Paediatrics: 'Focusing on work with children with complex needs'**

**Charlotte Miller** Charlotte Miller is a Community Early Intervention Music Therapist. Charlotte studied the flute and piano at Trinity College of Music, London before completing music therapy training at the Nordoff Robbins London Centre in 2005. In March 2007 Charlotte joined the music therapy team at Chelsea and Westminster Hospital and works in a newly commissioned post which supports and responds to the needs of children and their families in early year's settings including our local children's centres

3.30 to 4.00         **Discussion and questions**

There will be opportunities throughout the day to join the APMT, purchase BSMT books and meet the day's facilitators and presenters